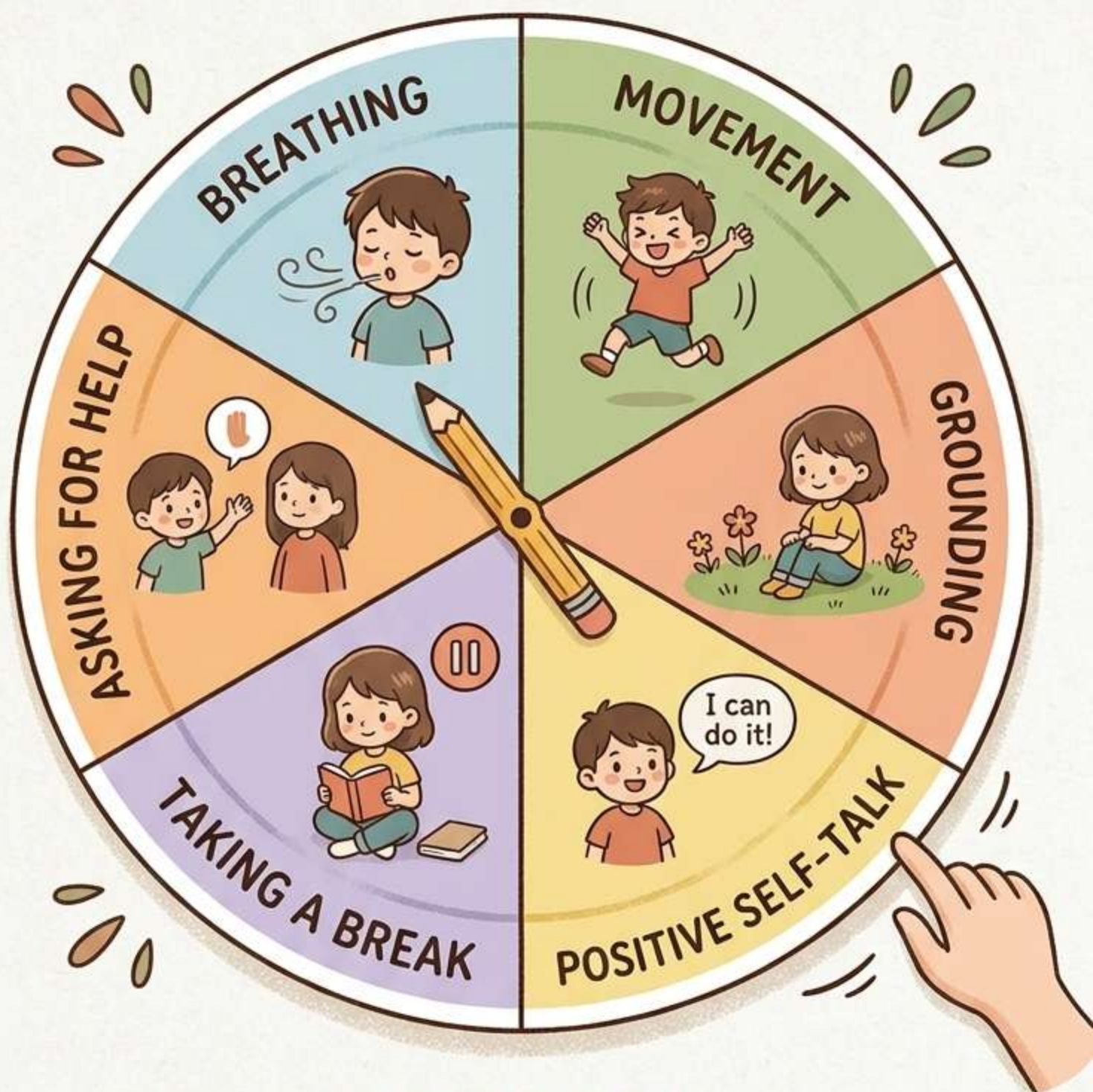


COPING SKILLS SPINNER

A fun & easy way for kids (Ages 5-10)
to practice coping strategies!



HOW TO PLAY:

1. Give a situation (e.g., Nervous for a test).
2. Spin the spinner.
3. Practice the strategy it lands on!

