

'How Would You Feel If...?'

Scenario Cards

HOOK A FEELING WORD TO A SITUATION

SOCIAL



Friend doesn't invite you to a game.

Which emotion fits & why?



happy sad mad curious

Variation

If they forgot vs. intentionally left you out, does it change?

ACHIEVEMENT



Practiced for a week and got it right!

Which emotion fits & why?



happy sad mad curious

Variation

If your friend also got it right vs. you're the only one?

DIGITAL - GROUP CHAT



Character gets removed from a group chat.

Which emotion fits & why?



happy mad

Variation:

If it was a joke vs. meant to hurt?

DIGITAL - GAMING



Loses progress mid-game.

Which emotion fits & why?



happy mad

Variation:

If you just started vs. just defeated a boss?

THE LESSON HIDING UNDERNEATH:

Two people can feel completely different in the SAME SITUATION.

Neither reaction is the only 'correct' one!

