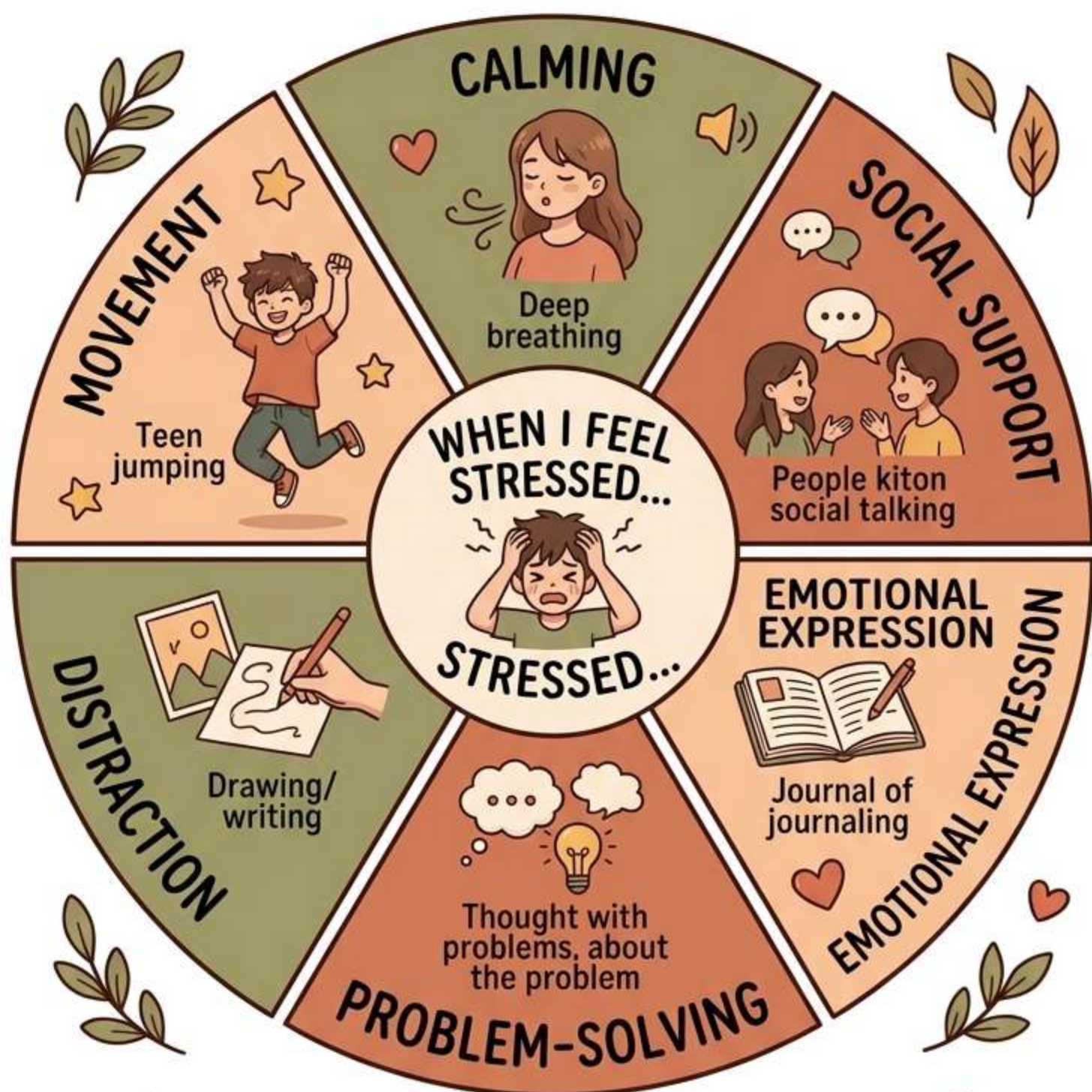




Coping Skills Brainstorm Circle

Ages: Kids, Teens, Adults • **Goal:** Healthy Coping Strategies
• **Time:** 10-15 mins • **Materials:** Paper/Board



DEBRIEF QUESTIONS

1. WHICH ONE THIS WEEK?



2. WHICH ONE AS A BACKUP?

