

Personal Growth and Life Direction



What does personal growth mean to me at this stage of my life?



Which area of my life feels most ready for change right now?



What kind of person am I trying to become, beyond career titles or achievements?



Which values do I want my daily choices to reflect more clearly?



What would I change about my current life if I stopped worrying about other people's expectations?



What skill would make the biggest difference in the life I want to build?



Where am I making progress that I haven't given myself credit for?



What decision would my future self thank me for making now?



What currently feels like a setback but could eventually become a valuable lesson?



If my life felt more aligned with who I am, what would look different six months from now?

