

Couples to Answer Together

What is one small thing I did recently that made you feel cared for?

What moment with me still makes you laugh?

What is something you would like us to do more often?

Which ordinary part of our relationship do you secretly enjoy most?

What is one place you'd like us to visit together?

What is something about us that feels uniquely ours?

When do you feel most understood by me?

Is there something you wish I asked you about more often?

What does feeling emotionally safe with someone mean to you?

How have your expectations of relationships changed since we met?

What part of yourself are you still learning to share with me?

What do you think we understand about each other better now than we started dating?

What felt hardest about this week?

When did you feel closest to me, even briefly?

Was there a moment when you felt misunderstood?

What do you need more of from me this week?

What did we handle better than we might have in the past?

What would help us feel connected again?

What am I finding difficult to say out loud?

What do I need to feel more connected?

What do I appreciate about our relationship right now?

What am I assuming instead of asking?

What is one thing I hope we understand about each other better?

