



Relationships



What do I value most in a healthy relationship?



How do I show care to someone I love?



What helps me feel emotionally safe?



What relationship pattern am I becoming aware of?



How do I communicate when I feel hurt?



What kind of connection do I want to create?



What does being a supportive partner mean to me?



What boundary helps me maintain a healthy relationship?



What have relationships taught me about myself?



What does love look like in everyday actions?

