

IDENTITY

- Who am I when nobody is watching?
- What parts of myself feel most authentic?
- What identity labels feel meaningful to me?
- What version of myself am I leaving behind?
- What qualities do I want to strengthen?
- What have I outgrown?
- What influences have shaped who I am?
- What do I want people to remember about me?
- What belief about myself is changing?
- What makes me different from others?
- What values guide my decisions?
- What part of myself deserves more attention?
- What does being myself feel like?
- What expectations do I want to question?
- What am I becoming more comfortable accepting?

