

Future Self

Kind
Resilient
Empathetic

What kind of person do I want to become?

What habit would my future self thank me for building?

What choice today supports my future goals?

What am I working toward?

What does my ideal ordinary day look like?

What skill do I want to develop?

What fear do I want to move beyond?

What advice would my future self give me?

What version of success am I creating?

What small action today matters long term?

