



THREE THINGS

Daily Gratitude: Three Things

1  _____

2  _____

3  _____



MORNING

Morning Reflections

☐ _____
☐ _____
☐ _____
☐ _____



I am grateful for...

What would make today great?



EVENING

Evening Gratitude

 Highlights of my day:

One thing I learned today:

ONE-LINE

One-Line Gratitude

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

